

Microcore®

Thermal Hot/Cold Pack



Keep Your Hot Food Hot, and Your Cold Food Cold ... For Longer!

A must-have accessory for your Sterno Delivery Insulated Food Carriers to keep meals at the optimal serving temperature, hot or cold, during deliveries with longer routes.

Features & Benefits:

- Maintains the temperature of your hot, or cold food
- Microwave and Freezer ready
- Easy to clean, with a soft and flexible design to fit between various containers and food pans
- Reusable and non-toxic



WARNING: ICE PACK FROM FREEZER IS COLDER THAN 32°F AND WILL CAUSE FROSTBITE IF APPLIED TO BARE SKIN FOR TOO LONG.



Microcore® Instructions

IMPORTANT:

Never leave element unattended while heating. Be careful when removing from the microwave, it will be hot. If element expands (swells-up) when heating, **DO NOT** attempt to remove it from the microwave until it has cooled down. If the element expands or leaks fluid, discontinue use and call (800) 523-8715 to order a new one.

Heating Instructions

Place element in a clean microwave, being careful that it does not touch the sides of the microwave. **DO NOT** place frozen element directly in the microwave. Allow element to thaw to room temperature before heating. All micro-waves heat differently. Adjust heat times, if needed. **DO NOT** overheat the element as it could result in injury. If you are not sure which heat time to use, start with a shorter time and gradually go up to recommended heat time.

HEATING TIMES			
Item #	Item Size	1000 watt or less	More than 1000 watt
70592	8" x 12" pack	2 minutes	1 minute and 30 seconds
70594	10" x 14" pack	3 minutes and 45 seconds	2 minutes and 30 seconds

Reheating Instructions

Element may be reheated for 10 seconds, one hour after initial heating. A second reheat for 10 seconds may be performed 30 minutes after first reheat.

Freezing or Chilling Instructions

Place the element flat in the refrigerator or freezer overnight.